

Find out if you are a candidate

Eustachian Tube Dysfunction Patient Questionnaire (ETDQ-7)¹

Name: _____ Date: _____

Next to each question, circle the number that best describes how you feel.

During the past 1 month,
how much of a problem
was each of the following?

	No Problem		Moderate Problem			Severe Problem	
1. Pressure in the ears?	1	2	3	4	5	6	7
2. Pain in the ears?	1	2	3	4	5	6	7
3. A feeling that your ears are clogged or "under water"?	1	2	3	4	5	6	7
4. Ear problems when you have a cold or sinusitis?	1	2	3	4	5	6	7
5. Crackling or popping sounds in the ears?	1	2	3	4	5	6	7
6. Ringing in the ears?	1	2	3	4	5	6	7
7. A feeling that your hearing is muffled?	1	2	3	4	5	6	7

Do you get these symptoms in one ear only or both ears?

☐ Left ear only ☐ Right ear only ☐ Both ears

Total Score _____ ÷ 7 = Mean item score _____

1. ETDQ-7 Copyright 2012 by McCoul ED, Anand VK and Christos PJ. Weill Cornell Medical College, New York, New York.

www.openmyears.com
www.acclarent.com

GET YOUR LIFE BACK!

1. Llewellyn A, Norman G, Harden M, et al. Interventions for adult Eustachian tube dysfunction: a systematic review. *Health Technol Assess.* 2014;18(46):1-vi.

2. Grimmer JF, Poe DS. Update on eustachian tube dysfunction and the patulous eustachian tube. *Curr Opin Otolaryngol Head Neck Surg.* 2005;13(5):277-282.

3. Randrup TS, Ovesen T. Balloon eustachian tuboplasty: a systematic review. *Otolaryngol Head Neck Surg.* 2015;152(3):383-392.

4. ACCLARENT AERA® Eustachian Tube Balloon Dilation System Instructions for Use. IFU005146. Rev G.

5. Poe D, Anand V, Dean M, Roberts WH, Stolovitzky JP et al. (2018) Balloon dilation of the eustachian tube for dilatory dysfunction: A randomized controlled trial. *Laryngoscope* 128 (5): 1200-1206.

* September 16, 2016

Acclarent Technology is intended for use by or under the direction of a physician. Eustachian tube balloon dilation has associated risks, including tissue and mucosal trauma, infection, or possible carotid artery injury. Consult your physician for a full discussion of risks and benefits to determine whether this procedure is right for you.

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ACCLARENT AERA®
Eustachian Tube Balloon Dilation System

Do you suffer from:
Ear Pain
Pressure
Fullness
Popping
Ringing

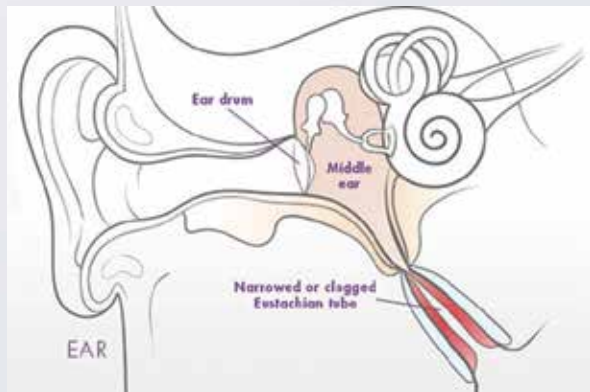
**Ask your doctor about the
ACCLARENT AERA® Eustachian
Tube Balloon Dilation System**



You May Suffer from Eustachian Tube Dysfunction (ETD)

WHAT IS ETD?

The Eustachian tube is a narrow tube linked to the middle ear. It is normally closed but opens when we swallow, yawn or chew.¹



As the Eustachian tube opens and closes, it regulates pressure in the ear.

ETD is the failure of the valve of the Eustachian tube to open and/or close properly.²

This can cause pressure and pain.³

FINALLY, THERE IS A SOLUTION!

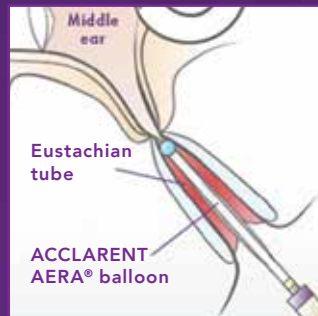
WHAT CAN YOU DO?

The ACCLARENT AERA® Eustachian Tube Balloon Dilation System is the first* device that was specifically designed to treat patients with persistent Eustachian tube dysfunction (ETD) in the U.S.

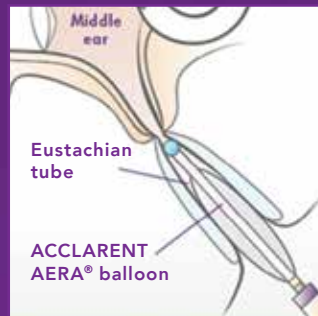
A small balloon is used to open the Eustachian tube and can relieve symptoms of persistent ETD.

HOW DOES IT WORK?

The ACCLARENT AERA® device is inserted into the Eustachian tube.



The ACCLARENT AERA® balloon is inflated for 2 minutes which dilates the Eustachian tube and may relieve ETD symptoms.



After the balloon is inflated and the Eustachian tube is dilated, a doctor deflates and removes the balloon.



GET YOUR LIFE BACK!

WHAT ARE SOME OF THE RESULTS?^{4,5}

99.7%

Success rate in reaching and opening the Eustachian tubes during the procedure.



More patients regained normal ear function than with medicine alone.



Improvement in Quality of Life Scores compared to medical management alone.



Minimally invasive with a favorable safety profile.